

Name: _____ Date Due: _____

7th Grade Language Arts



Assignment	Points Earned
Journals 4,5,6,7	
BookBlog #1 – Reading Response	
Article Annotation – Eating Boogers May...	
Article Summary	
GL Vocab 1-5	
BookBlog #1 due 8/27	

Total=>

Reading Response Choice

Directions: As you read, put a sticky note next to any line, sentence, or section that jumps out at you. Write a brief note on your sticky note so that you can remember what you were thinking about that section. (If nothing jumps out at you by the time you have finished reading, go back and **FIND** something to respond to.)

When finished reading, write your Reading Response on the back of this paper.

YOU MUST:

- Write **at least ten (10) complete sentences** in your Reading Response.
- Give the **page number, paragraph, or line number** of the part you are responding to.
- **Highlight** which Reading Response entry you are using from the list below.

Types of Reading Response Entries

- 1. Interesting Intro or Clever Conclusion:**
You think the author's introduction or conclusion interesting, clever, engaging, or effective. Tell what technique the author used and why it works so well.
- 2. Give an Opinion:**
Tell what you think or feel about a certain part of the story, and why you think or feel that way. Be specific.
- 3. Ask a Question:**
This can be a basic question about something you don't understand in the text, or a larger question (about life, literature, or anything) that the text made you consider. Explore possible answers to the question.
- 4. Make a Connection:**
As you read, a certain point in the text reminds you of another story, poem, movie, song, or something from real life. How are the two alike?
- 5. Language Recognition:**
You notice some appropriate sensory details, or figurative language such as a simile, onomatopoeia, or personification, and so on. What is the language, and how does it add to the story?
- 6. Significant Passage:**
You realize a certain part in the text is important. Maybe you found the climax. Why do you think it's important? What does it mean? What does it tell you about the entire book? Explain **why** it is so important.
- 7. Find Foreshadowing:**
You read something that seems like a hint of what will come later. Explain why you think this, and make a prediction.
- 8. Theme Recognition:**
You find a sentence or two that might be the theme (the "So what?") of the piece. Explain it in your own words.
- 9. Spot the Setting:**
You notice a part that refers to a particular place or time in the story. Why is it so important to the story?
- 10. Character Description:**
You notice a detail about a character (what he or she looks like, thinks, says, or does). Why is it important? What does it reveal about that character?
- 11. Mark the Motivation:**
You realize a character's motive(s) (what a character wants). Explain the motive(s) and its effect on the story or on other characters.
- 12. Detect the Conflict:**
You realize one of the conflicts or problems in the story. Explain it, and explain how you recognized it.
- 13. Cite the Claim:**
You find the sentence that is the author's main argument (the thesis or claim ... the most important quote in the story). Explain why you think it is the focus of the piece.

Eating boogers may boost immunity, scientist says

By RYAN JASLOW CBS NEWS May 1, 2013, 5:37 PM



Parents, next time you see your child picking his or her nose you may want to fight the urge to scream "stop!". A Canadian biochemist is making waves with a new theory that picking your nose -- and eating it -- may be an evolutionarily-backed way to boost your immune system's protective powers. And, he hopes to conduct a study to prove it, [CBC News](#) in Canada reports.

Scott Napper, an associate professor of biochemistry at the University of Saskatchewan in Canada, told [CTV News in Saskatoon](#) that he proposed this theory one day while teaching a classroom full of bored college students.

He said almost all kids try to taste things that come out of their noses, and its possible nature is trying to push them to adopt this behavior.

"I got their attention by saying that's why snot tastes so sweet. And a lot of them were nodding along like they agreed, but not really realizing what they had acknowledged," he told the station, laughing.

Napper told the CBC that snot's sugary taste may signal the body that it should be eaten, and the immune system may obtain information from its contents.

"By consuming those pathogens caught within the mucus, could that be a way to teach your immune system about what it's surrounded with?" Napper said he asked his students, adding he's seen this behavior in his two daughters, who may be just "fulfilling what we're truly meant to do."

Mucus is secreted by tissues that line the mouth, nose, sinuses, throat, lungs and gastrointestinal tracts, according to [WebMD](#). It acts similar to flypaper, trapping bacteria, dust and other unwanted substances before they can enter the body. When mucus and its trappings dry out, a "booger" comes to be.

Napper told the CBC this theory may fit in with other evolutionary theories that suggest people's improved hygiene over the years has led to increases in allergies and immune diseases.

The so-called "hygiene hypothesis" is a theory that early exposure to germs and certain infections could boost the development of the immune system, according to Dr. James T.C. Li of the [Mayo Clinic](#).

Children who grow up in rural parts of the country and are around animals seem to be less likely to develop asthma than other children, Li added, though he said the hygiene hypothesis may be too simple of an explanation for this effect.

Recent studies suggest the hypothesis may explain why [food allergies](#) are more common in families with higher incomes compared to those with lower ones, and why U.S. born children are more likely to have [allergic diseases like hay fever and eczema](#) compared with foreign-born children.

Therefore, if more children pick their nose and eat their spoils, can this act lead to better immunity based on the hypothesis?

"From an evolutionary perspective, we evolved under very dirty conditions and maybe this desire to keep our environment and our behaviors sterile isn't actually working to our advantage," Napper told the CBC.

He wants to put this theory to the test, noting this type of study would require volunteers to be given a molecule up their noses, with half the group picking it and eating it and the other half sticking to their typical routines.

"Then you could look for immune responses against that molecule and if they're higher in the booger-eaters, then that would validate the idea," he said.

But Dr. William Schaffner, chairman of the department of preventive medicine at Vanderbilt University and past president of the National Foundation of Infectious Diseases, told [ABC News](#) that he doesn't buy this theory -- because people are eating their own boogers quite frequently as it stands.

"Because it's part of your own body fluids, you swallow nasal secretions all the time during the day and while you're asleep," he said.

